



**Home Economics
Leaving Certificate
Higher Level**

**Past Exam Questions on
Foods: Meat, Fish, Cereal etc...**

Q4 Section A 2013

4. Name three types of flour and suggest a different culinary use for each. (6)

Type of flour	Culinary use

Q4 Section A 2012

4. What are *speciality foods* and give two examples of such foods. (6)

(i) *Speciality foods* _____

(ii) *Examples* _____

Q5 Section A 2010

5. State the role of each of the following in relation to the processing of cheese. (6)

(i) *lactic acid bacteria* _____

(ii) *rennet* _____

Q6 Section A 2010

6. Name two types of pastry. (6)

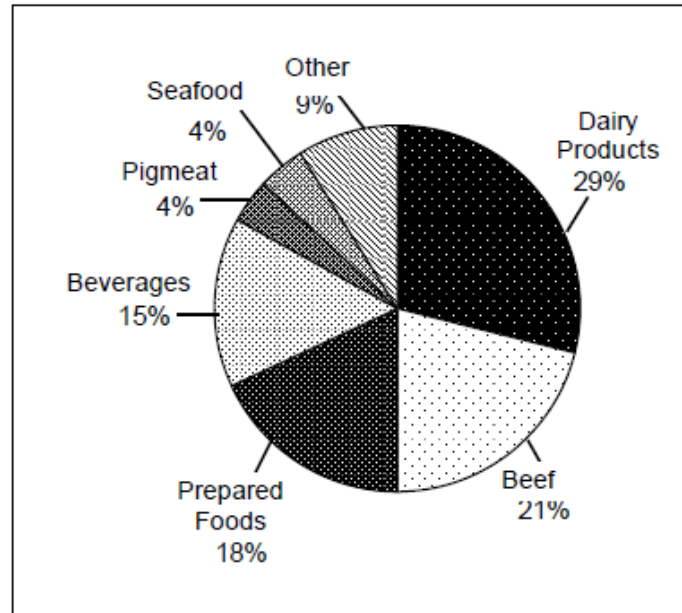
(i) _____ (ii) _____

State one difference between the types of pastry named.

Q1 Section B 2010

1. Estimates of the distribution of Irish agri-food and drink exports in 2008 by sector are shown below.

Breakdown of Irish food and drink exports, 2008 (%)



Source: Bord Bia

- (a) (i) Comment and elaborate on the distribution (%) of Irish food and drink exports as shown above. In your answer refer to **four** sectors. (24)
- (ii) Give details of career opportunities available within one of the sectors named. (24)
- (b) Meat makes an important contribution to the intake of micronutrients such as iron. Give an account of iron and refer to:
- sources in the diet
 - biological functions
 - recommended daily allowance (RDA) for adults. (21)
- (c) Identify and explain **three** factors which affect the absorption of iron in the body. (15)
- (d) Discuss the factors that may affect consumers' decision making in relation to the purchase of meat and meat products. (20)

Q5 Section A 2008

5. Name three cereals grown for food production and give one example of a different product manufactured from each cereal. (6)

Cereals	Products

Q4 Section A 2007

4. In relation to eggs explain each of the following: (6)

(i) Albumin _____

(ii) Lecithin _____

Q6 Section A 2006

6. Classify soups and give one example of each class. (6)

Classification	Example